



# Pediatric Therapy Services

1057 EAST HENRIETTA ROAD, SUITE 500 ROCHESTER, NY 14623

PHONES: 585.427.2977 • 585.427.7610

FAX: 585.427.7410

August 28, 2018

|                          |  |             |  |
|--------------------------|--|-------------|--|
| <b>Parent/Guardian:</b>  |  |             |  |
| <b>Client Name:</b>      |  | <b>DOB:</b> |  |
| <b>Appointment Date:</b> |  |             |  |
| <b>Therapist:</b>        |  |             |  |

Dear Parent/Guardian:

Welcome to Step by Step Pediatric Therapy Services. In order to begin your child's therapy, we ask that you complete the enclosed forms, which includes:

- Welcome Letter
- Patient Information/background
- Permission for evaluation/privacy notice
- Email consent
- Payment agreement
- Directions and location

Please review, sign and bring this paperwork with you to the appointment. **Please take care to ensure that you have filled out both sides of each form.** Please bring a copy of your insurance card to the appointment. We look forward to seeing you.

Please let us know if you have any questions. Thank you!

Sincerely,

*Heather Hanson PT, DPT, PCS*

Heather Hanson  
Clinic Supervisor

*Stacia Paganelli MA, CCC-SLP*

Stacia Paganelli  
Clinic Supervisor



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## Welcome to Step by Step Therapy Services!

We are looking forward to your upcoming initial evaluation. Please plan to arrive 10-15 minutes prior to your appointment time to help expedite our new patient registration process. Your initial evaluation appointment will last approximately 1 hour. During that time, the individual therapist that you will be working with will use a combination of questions, observations, and direct interactions with your child to complete a detailed assessment of your concerns and overall development. Following your appointment, you will receive any information that is necessary to schedule additional appointments and establish your child's individual plan of care. In addition, a full report will be sent to your referring physician in approximately 5-10 days. Please bring the following with you based on which evaluation your child will be attending:

### **Feeding Evaluations:**

**Promptly alert us to any allergies that you or your child is suspected or confirmed to have.** Please bring the following items with you based on your child's age:

**Infants under 6 months of age:** pacifier, bottle, formula/breastmilk

**Infants transitioning to solids:** bib, spoon, one accepted puree, one puree that is challenging, bottle and/or cup, formula/breastmilk

**Toddlers:** bib, 3 preferred foods, 3 non-preferred foods (difficult due to taste, texture or presentation), preferred cup, list of currently accepted foods

**Preschool and School-Age children:** 2 preferred foods, 1 non-preferred food, list of consistently accepted foods

### **Speech and Language Evaluations:**

Please bring any recent evaluations or reports if appropriate. If your child uses augmentative communication, please bring your device or materials.

### **Occupational and Physical Therapy Evaluations:**

Please bring any equipment that you are using with your child including splints, braces, walkers, etc. Please wear comfortable clothing and shoes appropriate for movement.

If you have any questions regarding materials needed for your child's specific evaluation, please do not hesitate to contact our office at 427-7610.

Thank you,

Step by Step Clinical Evaluators



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## Patient Information

**Please indicate who may be bringing your child to subsequent therapy sessions and what information can be communicated with them in the form below:**

Child's Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Parent's Name: \_\_\_\_\_  
Address: \_\_\_\_\_ Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Phone: \_\_\_\_\_  
Work Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
Email Address: \_\_\_\_\_ Email Address: \_\_\_\_\_

**In the space below, please list and number anyone other than parent or guardian with permission to:**

**#1: Schedule and attend appointments**

**#2: Receive and provide disclosure of medical information**

**#3: Make a medical decision in the event of a emergency**

| # | Name | Relationship | Phone Number(s) |
|---|------|--------------|-----------------|
|---|------|--------------|-----------------|

| # | Name | Relationship | Phone Number(s) |
|---|------|--------------|-----------------|
|---|------|--------------|-----------------|

| # | Name | Relationship | Phone Number(s) |
|---|------|--------------|-----------------|
|---|------|--------------|-----------------|

**Please list your child's emergency contact:**

| Name | Relationship | Phone Number(s) |
|------|--------------|-----------------|
|------|--------------|-----------------|



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## Patient Information (continued)

### **PERSONAL**

Patient name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

### **BACKGROUND**

What brings you to Step by Step Pediatric Therapy Services?

\_\_\_\_\_

Who referred your child for therapy? \_\_\_\_\_

Has your child received this type of therapy before? \_\_\_\_\_

If yes, by whom? \_\_\_\_\_

When? \_\_\_\_\_

Why? \_\_\_\_\_

\_\_\_\_\_

Does your child currently receive medical care? \_\_\_\_\_

If yes, why? \_\_\_\_\_

\_\_\_\_\_

List all illnesses and approximate dates: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

List all surgeries and dates: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Does your child have allergies? \_\_\_\_\_

If yes, describe: \_\_\_\_\_

\_\_\_\_\_

Does your child take any medications? \_\_\_\_\_

If yes, list ALL medications and dosages: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  
Signature of parent/guardian

\_\_\_\_\_  
Date



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*Please review the Notice of Privacy Practices and complete this form.*

Child's Name

Date of Birth

## NOTICE OF PRIVACY PRACTICES ACKNOWLEDGEMENT.

I understand that, under the Health Insurance Portability & Accountability Act of 1996 ("HIPAA"), I have certain rights to privacy regarding my protected health information. I understand that this information can and will be used to:

- Conduct, plan and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment directly and indirectly.
- Obtain payment from third-party payers.
- Conduct normal healthcare operations such as quality assessments and audits.

I have received, read and understand your Notice of Privacy Practices containing a more complete description of the uses and disclosures of my health information. I understand that this organization has the right to change its Notice of Privacy Practices from time to time and that I may contact this organization at any time at the address below to obtain a current copy of the Notice of Private Practices.

I understand that I may request in writing that you restrict how my private information is used or disclosed to carry out treatment, payment or health care operations.

## PERMISSION FOR EVALUATION AND THERAPY TREATMENT

I give Step by Step Pediatric Therapy Services permission to evaluate and provide therapy to the above name child:

Print Name of Parent/Surrogate or Legal Guardian

Signature

Date



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## CONSENT FOR THE USE OF UNENCRYPTED ELECTRONIC DATA SHARING

At your request, you have chosen to communicate personally identifiable information concerning your treatment by e-mail or text message *without the use of encryption*.

This includes sending appointment reminders via e-mail or text message. Email reminders may contain patient or clinic information such as, but not limited to, patient first name and clinic location.

Sending personally identifiable information by e-mail or text message has a number of risks that you should be aware of prior to giving your permission. These risks include, but are not limited to, the following:

- E-mail and text messages can be forwarded and stored in electronic and paper format easily without prior knowledge of the parent.
- E-mail and text messages senders can misaddress an e-mail, and personally identifiable information can be sent to incorrect recipients by mistake.
- E-mail sent over the Internet without encryption is not secure and can be intercepted by unknown third parties.
- E-mail content can be changed without the knowledge of the sender or receiver.
- Backup copies of e-mail or text messages may still exist even after the sender and receiver have deleted the messages.
- Employers and online service providers have a right to check e-mail sent through their systems.
- E-mail can contain harmful viruses and other programs.

**Note:** E-mail/ Texting contact is for your benefit only. Information is not shared without additional consent from you. However, the exchange is not inherently secure.

Please print clearly and legibly

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

E-mail: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



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## Payment Agreement

---

Name of Child

Date of Birth

---

Name of Parent / Guardian

I understand I am responsible for payment to Step by Step (SBS) for office visits. Co-payments are due at the time of service. Other patient liabilities will be billed after submitting to insurance.\*

\_\_\_\_\_ Initial

I agree to give SBS at least 24 hours notice when canceling an appointment, with exceptions made at the discretion of the Therapist. **If I do not give sufficient notice when canceling or I miss an appointment, I understand that I will be responsible for a \$50 visit fee.**

\_\_\_\_\_ Initial

---

Parent / Guardian Signature

---

Date

*\*For your convenience, we accept Visa and MasterCard. Please note that some flexible spending account debit cards cannot be processed; contact your card's administrator to ensure SBS is an approved provider.*



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## Appointment Reminder Consent

Date: \_\_\_\_\_

Name of child: \_\_\_\_\_

Complete this form and sign below to give your permission for Step by Step to provide automatic appointment reminder service by email or by cell phone text message.

### Step One: Select One Option Below

- ☐ Step by Step may send email messages to confirm my upcoming appointments to email: \_\_\_\_\_  
\_\_\_\_\_
- ☐ Step by Step may send cell phone text messages to confirm my upcoming appointments to  
Cell phone number: \_\_\_\_\_.  
*I recognize that normal text messaging rates may apply.*

### Step Two: If you would like text messages instead of email reminders, please indicate your Cell Phone Carrier.

We cannot set your account up to send email text message reminders without knowing your cell phone carrier. Please indicate your carrier below, if you would like text message reminders:

- ☐ ALLTel
- ☐ AT&T
- ☐ Boost Mobile
- ☐ Cingular
- ☐ Cricket Wireless
- ☐ Metrocall
- ☐ MetroPCS
- ☐ Nextel
- ☐ Qwest
- ☐ Sprint PCS
- ☐ T Mobile
- ☐ US Cellular
- ☐ Verizon
- ☐ Virgin Mobile

\_\_\_\_\_  
Signature of Patient or Guardian

\_\_\_\_\_  
Date





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## Selective Release Form

Patient's Name: \_\_\_\_\_

DOB: \_\_\_\_\_

I give my consent to Step by Step Pediatric Therapy Services to exchange information with:

\_\_\_\_\_

Type of information to be shared:

\_\_\_\_\_

\_\_\_\_\_

I understand that this release is valid as long as \_\_\_\_\_ is serviced by Step by Step Pediatric Therapy Services.

This consent shall not be used for the release of confidential, HIV-related information without additional specific consent.

\_\_\_\_\_  
Print Name of Patient (if over 18) or Parent/ Surrogate or Legal Guardian

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Witness Signature.

\_\_\_\_\_  
Date



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## INFORMED CONSENT FOR IN-PERSON SERVICES DURING COVID-19 PUBLIC HEALTH CRISIS

This document contains important information about resuming in-person services in light of the COVID-19 public health crisis. Please read carefully.

### Decision to Meet for In-person Visits

Step by Step has re-opened for in-person visits with safety protocols in place. If there is a resurgence of the pandemic or if other health concerns arise, Step by Step may return to exclusively offering visits via telehealth for everyone's well-being. If you decide at any time that you would feel safer staying with, or returning to, telehealth services, Step by Step will respect that decision, as long as it is feasible and clinically appropriate. Reimbursement for telehealth services, however, is determined by the insurance companies and applicable law.

### Risks of Opting for In-Person Services

By signing this consent, you understand that by coming to the office, you are assuming the risk of exposure to the coronavirus (or other public health risk). This risk may increase if you travel by public transportation, cab, or ridesharing service. You agree not to hold Step by Step responsible if exposure does occur.

### Your Responsibility to Minimize Your Exposure

To obtain services in person, you agree to take certain precautions which will help keep everyone safer from exposure, sickness and possible death. If you do not adhere to these safeguards, it may result in necessitating a return a telehealth arrangement.

### Initial each to indicate that you understand and agree to these actions:

- You will only keep your in-person appointment if you are symptom free. ☐
- You will allow for you and your child's temperature to be taken before each appointment. If it is elevated (100 Fahrenheit or more), the appointment will be cancelled and SBS will not charge the normal no show fee. ☐
- If you, your child, or anyone in your household have other symptoms of COVID-19 or have been exposed to anyone with a confirmed or possible diagnosis, you agree to cancel the appointment or proceed using telehealth. If you wish to cancel for this reason, SBS will not charge the normal cancellation fee. ☐
- You will wait in your car or outside until no earlier than 5 minutes before your appointment time or until a provider comes to escort you into the building. ☐
- You will wash your hands or use alcohol-based hand sanitizer when you enter the building. ☐
- You will adhere to the safe distancing precautions we have set up in the waiting room and therapy rooms. For example, you won't move chairs or sit where we have signs asking you not to sit and you will supervise your child to adhere to avoiding toys that are not available for use. ☐
- You will wear a mask in all areas of the office (SBS staff will too). ☐
- You will keep a distance of 6 feet and there will be no physical contact whenever practicable (e.g. no shaking hands). ☐
- You will try not to touch your face or eyes with your hands. If you do, you will immediately wash or sanitize your hands. ☐
- You agree to having only one adult bring your child to appointments and will assist your child in following all of these sanitation and distancing protocols. ☐
- You will take steps between appointments to minimize your exposure to COVID-19. ☐
- If you have a job that exposes you to other people who are infected, you will immediately let SBS know. ☐
- If a resident of your home tests positive for the infection, you will immediately let SBS know and we will then resume treatment via telehealth. ☐

(over)

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Step by Step may change the above precautions if additional local, state or federal orders or guidelines are published. If that happens, we will inform you of any necessary changes.

## **My Commitment to Minimize Exposure**

SBS has taken steps to reduce the risk of spreading COVID-19 within the office and we have posted our efforts on our website and in the office. Please let us know if you have questions about these efforts.

## **In the Case of Illness**

We are committed to keeping you, SBS providers and all of our families safe from the spread of this virus. If you show up for an appointment and SBS staff believe that you have a fever or other symptoms, or believe you have been exposed, we will have to require you to leave the office immediately. We can follow up with services by telehealth as appropriate. If your SBS provider tests positive for COVID-19, we will notify you so that you can take appropriate precautions.

## **Your Confidentiality in the Case of Infection**

If you have tested positive for COVID-19, SBS may be required to notify local health authorities that you have been in the office. If this is necessary, SBS will only provide the minimum information necessary for their data collection and will not go into any details about the reason(s) for our visits. By signing this form, you are agreeing that SBS may do so without an additional signed release.

## **Informed Consent**

This agreement supplements the general consent for services that were signed at the beginning of your child's therapy.

Your signature below shows that you agree to these terms and conditions.

\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date



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## CONSENT FOR OUTPATIENT TELETHERAPY

I consent to have my child's therapy services delivered using Teletherapy. I understand that this method of service delivery via my commercial insurance may only be accessible during the current State of Emergency. This method of therapy involves interactive audio and video for the duration of the session.

1. The SLP, OT, PT explained to me how the video conferencing technology that will be used to affect such a consultation will work during therapy sessions.
2. I understand that a teletherapy session has potential benefits including easier access to care and the convenience of meeting from a location of my choosing.
3. I understand there are potential risks to this technology, including interruptions, unauthorized access, and technical difficulties. I understand that my provider or I can discontinue the teletherapy session if it is felt that the videoconferencing connections are not adequate for the situation.

GoToMeeting or [doxy.me](https://doxy.me) are the technology services we will use to conduct teletherapy appointments. By signing this document, I acknowledge:

1. These platforms are NOT Emergency Services and in the event of an emergency, I will use a phone to call 911.
2. Though my provider and I may be in direct, virtual contact through the Telehealth Service, GoToMeeting or [doxy.me](https://doxy.me), TheraPlatform or Step by Step provides any medical or healthcare services or advice including, but not limited to, emergency or urgent medical services.
3. These services facilitate videoconferencing and are not responsible for the delivery of any healthcare, medical advice or care.
4. To maintain confidentiality, I will not share my teletherapy appointment link with anyone unauthorized to attend the appointment.

In addition, I also consent to the use of text and email without the use of encryption to communicate with my provider as it relates to my child's services. I am aware of all the potential risks.

### By signing this form, I certify:

- That I have read or had this form read and/or had this form explained to me
- That I fully understand its contents including the risks and benefits of the procedure(s).
- That I have been given ample opportunity to ask questions and that any questions have been answered to my satisfaction.

\_\_\_\_\_  
Child's Name

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date



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Located on the west side of East Henrietta Road, just north of Brighton-Henrietta Townline Road. Easy access to I-390 at East Henrietta Road.



## **From the East:**

I-490 W to I-590S to I-390 N. Exit 16 for NY-15A/E Henrietta Rd/NY-15-W Henrietta Road. Left at E Henrietta Rd/RT 15A. We are on the right, just past the Animal Hospital, across from MCC.

## **From the West:**

I-490E towards Rochester. Exit 9B to merge onto I-390 S toward airport Exit 16B for East Henrietta Road Turn right onto East Henrietta Road. We are on the right, just past the Animal Hospital, across from MCC.

## **From the South:**

I-390N Exit 16 for NY-15A/E Henrietta Rd/NY-15-W Henrietta Road. Left at E Henrietta Rd/RT 15A. We are on the right, just past the Animal Hospital, across from MCC.

## **From the North:**

I-590S. Exit onto I-390N. Exit 16 for NY-15A/E Henrietta Rd/NY-15-W Henrietta Road. Left at E Henrietta Rd/RT 15A. We are on the right, just past the Animal Hospital, across from MCC.