OUTPATIENT SERVICES

Pediatric outpatient services including physical, occupational, speech/language, and feeding therapy may be covered benefits under your child's commercial health insurance plan. Our office will verify your plan and benefits prior to your initial visit. Based on your plan, you may be responsible for a specialist copay, as well as coinsurance and/or deductible portions of the visit fee. There is also a private pay option if services are not covered through insurance.

At the initial evaluation, your therapist will determine the extent of your child's difficulties and provide their recommendations on the frequency and duration of follow up visits (ex. One 30-minute session per week).

Outpatient services are meant to be short-term (4-12 weeks). If your therapist feels that your child may benefit from additional programs for more long-term therapy, she will provide you with the necessary information to initiate a referral to the Early Intervention Program or your local school district.



Benefits of outpatient services include:

- Appointments are often available within 1-2 weeks
- Individualized therapy with active parent participation results in great progress
- Services are provided year round, including during the summer, and outside school hours
- Our child-friendly therapy center provides a neutral environment and motivating, new activities for your child
- Children who are NOT eligible for other programs (including EIP or CPSE services) may receive services in the outpatient setting
- Infants presenting with feeding difficulties or Torticollis can be seen quickly to prevent future delays



STEP BY STEP PEDIATRIC THERAPY SERVICES 1057 E. Henrietta Road, Suite 500 Rochester, NY 14623 585-258-3811 www.sbstherapycenter.com

STEP BY STEP PEDIATRIC THERAPY SERVICES



Guide to Children's Services

In the home, at school, and in the clinic setting



Early Intervention Program (EIP)

Birth - 3 years

If you or your pediatrician have any concerns about your child's development, contact the Early Intervention Program and request an initial evaluation. All EIP services are provided at no cost to your family and take place in your child's natural environment (home or daycare).

Evaluation: Referral to the program can be made by you, your pediatrician, or any other care providers. To request an evaluation, call 753-KIDS. An Initial Service Coordinator will contact you and set up a multidisciplinary evaluation with two professionals based on the nature of your concerns. At the evaluation, you will find out if your child is eligible and learn about his/her strengths and needs which will guide decisions about the type of services to be provided.

Therapy: Services are based on the areas of need your child presents with at the evaluation. Your child may require services from a Physical Therapist, Occupational Therapist, Speech Pathologist, or Special Educator. Additional specialists may also be a part of the team (ex. Registered Dietitian or Social Worker).

Committee on Preschool Special Education (CPSE)

2 yrs, 9 mos - 5 years

If you are concerned about your preschooler's development in any area (gross motor, fine motor, communication, social skills, sensory processing, cognition/play), contact your public school district and request an evaluation to determine eligibility for preschool services.

Evaluation: A parent must submit a written request for evaluation to the CPSE Chairperson or the school principal. This referral initiates a comprehensive evaluation of the child's skills by two professionals to determine if (s)he meets the eligibility requirements for preschool services. Once the evaluation is complete, you will attend a formal meeting to discuss the results and recommendations. If your child is eligible, an Individualized Education Program (IEP) will be written to detail the proposed services for the current or upcoming school year.

Therapy: Preschool services are provided in your home or at your child's daycare or preschool. Services are provided only when school is in session and not on holidays or during school breaks. Services during the Extended School Year (ESY) in the summer are offered based on the child's needs and concern for regression.

Committee on Special Education (CSE)

5 - 21 years

If your school-age child is having difficulty in any area of development, talk with his/her teacher first. There are often supports and services available such as speech/language improvement services, psychological support and classroom or curriculum modifications. If those supports are not available or adequate, you can request an evaluation to determine eligibility for services through the CSE.

Evaluation: A parent must submit a written request for evaluation to the CSE Chairperson or the school principal. This referral initiates a comprehensive evaluation of the child's skills by two professionals to determine if (s)he meets the eligibility requirements for special education services. Once the evaluation is complete, you will attend a formal meeting to discuss the results and recommendations. If your child is eligible, an Individualized Education Program (IEP) will be written to detail the proposed services for the current or upcoming school year.

Therapy: All services will be detailed on your child's IEP and are provided in the school setting. School-based services only occur when school is in session.





